

Sclerotherapy Post-Treatment Instructions

- Leave compression stockings on top of taped cotton until bedtime.
- At bedtime, remove compression stockings but leave taped cotton on all night.
- In the morning, remove taped cotton and shower normally.
- Compression stockings need to be worn during the day for two weeks.
- Common side effects include:
 - Mild bruising
 - Possible appearance of new small blood vessels
 - Itchy red or white bumps at the injection site for 24 hours
 - Mild stinging or burning that may persist for a day or two
 - Discoloration of skin along the path of blood vessels
- Notify your physician if you develop any signs of infection in the treated areas including symptoms of expanding redness, swelling, warmth, or pain in the treated leg.
- Low impact exercise is allowed but compression stockings must be worn, including when exercising.

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